



INFOPACK



PROF DEVELOPMENT ACTIVITIES

UNITEDYOUTH
"YOUR CHOISE MATTERS"



SWAROŻYN, POLAND



WORKING DAYS / 04–09 MAY 2026



TRAVEL DAYS (03 MAY 2026 ARRIVAL – 10 MAY 2026 DEPARTURE)



Co-funded by the
Erasmus+ Programme
of the European Union

2025-1-PL01-KA151-YOU-000300682



UNITEDYOUTH “YOUR CHOICE MATTERS”



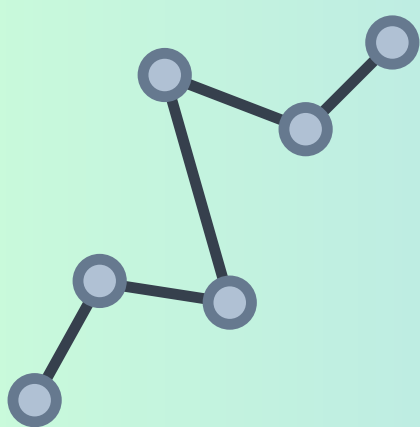
PROJECT SUMMARY:

THIS PROJECT IS IMPLEMENTED UNDER THE ERASMUS+ KA151 YOUTH ACCREDITATION FRAMEWORK AND AIMS TO STRENGTHEN YOUNG PARTICIPATION WHILE ENHANCING THE CAPACITY OF YOUTH WORKERS AND EDUCATORS. THE PROJECT FOCUSES ON DEVELOPING THE MENTAL SKILLS NECESSARY FOR YOUNG PEOPLE TO TAKE AN ACTIVE ROLE IN DEMOCRATIC AND SOCIAL PROCESSES.

DETERMINATION, EFFECTIVE DECISION-MAKING, CREATIVITY, CONSTRUCTIVE DISSENT, EVALUATION, PROBLEM-SOLVING, AND ANTICIPATION ARE AMONG THE KEY COMPETENCES ADDRESSED. THROUGH FORMAL AND NON-FORMAL LEARNING METHODS, EXPERIENTIAL EDUCATION TECHNIQUES, AND INTERCULTURAL INTERACTION ACTIVITIES, YOUTH WORKERS AND TRAINERS WILL DEVELOP NEW TOOLS AND METHODOLOGIES TO FOSTER YOUTH PARTICIPATION.

THE SECOND THEMATIC FOCUS OF THE PROJECT IS CULTURE. CULTURAL DIVERSITY AND INTERCULTURAL DIALOGUE WILL BE ADDRESSED AS ESSENTIAL COMPONENTS IN STRENGTHENING YOUTH ENGAGEMENT. THE PROJECT AIMS TO ENSURE LONG-TERM CAPACITY BUILDING AND SUSTAINABLE IMPACT.

TOPIC & KEY ELEMENTS:

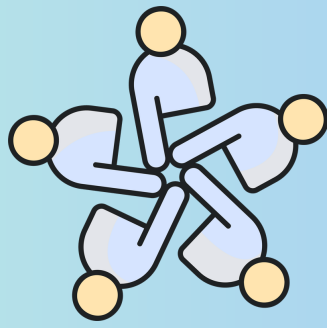


YOUTH PARTICIPATION

YOUTH

MENTAL SKILLS

COUNTRIES & ORGANIZATIONS PARTICIPANTS



FOR THE CONSISTENCY OF THE PROJECT, PLEASE PAY ATTENTION TO GENDER EQUALITY. ADDITIONALLY, PLEASE MAKE SURE TO SELECT PARTICIPANTS BETWEEN THE AGES OF **19 AND 25**.

UMBRELLA – GEORGIA 
(7+1 PARTICIPANTS)

NAVISSOS– SERBIA 
(8+1 PARTICIPANTS) **ECO TRAVEL**

KÖZÖS NEVEZŐ EGYESÜLET– HUNGARY 
(8+1 PARTICIPANTS) **ECO TRAVEL**

ASOCIACIÓN MULTIDEPORTIVA EUEXIA – SPAIN 
(7+1 PARTICIPANTS)

ASSOCIAZIONE LINK APS – ITALY 
(7+1 PARTICIPANTS)

POLAND – KLUB SPORTOWY BENIAMINEK 03 
(8+1 PARTICIPANTS) **ECO TRAVEL**

TOTAL: 51 PARTICIPANTS

THE NEAREST RECOMMENDED AIRPORT TO THE ACCOMMODATION.

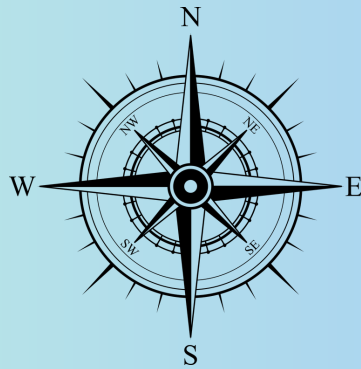


YOU CAN REACH THE ACCOMMODATION WITH A 1-HOUR TRAIN JOURNEY FROM THE AIRPORT.

AIRPORT – GDANSK CENTER – TCZEW – SWAROŻYŃ



TRAVELING BUDGET AND INFO



Travel Distance

Green Travel

Non-green Travel

10-99 km	56€	28€
100-499 km	285€	211€
500-1999 km	417€	309€
2000 - 2999 km	535€	395€
3000 - 3999 km	785€	580€
4000 - 7999 km	1188€	1188€
8000 km or more	1735€	1735€

For train transportation use

Currency



PARTNER ORGANIZATION RESPONSIBILITIES



- # Organization presentations – each partner should prepare their own presentation.
- # Presentation containing good practices and important information related to the project – topic: Artificial Intelligence (AI) technologies and healthy living
- # Each participant should bring small snacks or preparations for the cultural night to represent and showcase their country – this way, we can organize rich and enjoyable cultural nights for everyone.
- # Active participation during the project is very important. All participants should keep the tickets used during their travel and submit them to the organizer.
- # If there is a polar swimming (morsowanie-winter swimming in icy water or ice swimming) activity, participants should bring a swimsuit; additionally, it is recommended that each participant brings a hat.
- # All participants must join the communication groups.



WhatsApp



ACCOMODATION

UL. SZKOLNA 2, 83-115 SWAROŻYŃ



CONTACT WITH ORGANIZATOR

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LINKS OF OUR ORGANIZATION ;



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